Texas A&M University
Dance Program
dance.tamu.edu

What can I do with a B.S. in Kinesiology: Dance Science?

Dance Science track areas of study:
Biology, physics, anatomy/physiology, kinesiology, Pilates, dance technique, health practices for dancers, psychology, nutrition, exercise physiology, injury prevention and wellness, and their relationship with dance. Students also take courses in choreography, dance production and dance pedagogy.

Dance Science teaches:
Understanding of the body and movement, problem solving, communication, self-discipline, patience, creativity, organization, leadership, working as a team, artistic and technical skills.

Why choose this major?
The Kinesiology degree with a track in Dance Science focuses on the artistic and scientific aspects of dance. This degree combines the love of dance with the understanding of how the body works and how the student can increase their technical performance through the knowledge of science. Students will complete courses in anatomy and physiology, injury prevention and care, Pilates and nutrition in addition to their dance courses. This knowledge educates the student to become better more knowledgeable teachers, performers who dance longer and healthier,

What are career options with this degree?
- Education: educators in day care centers, elementary and secondary schools, private schools/studios. (certification options for dance at TAMU include Accelerate Online and the MS in Sports Pedagogy)
- Arts Management/Administration: dance studio owner/manager, arts administrator, public relations manager, business manager, personnel director, grant specialist, booking agent, dance critic, dance historian, manager for non-profits, artistic director, fitness/spa manager, researcher
- Performance/Production: choreographer, dancer/performer, production assistant, lighting/sound technician, marketing, costumer, event manager, sports/dance store manager
- Wellness/Fitness: kinesiologist, dance therapist, personal trainer, Pilates/body conditioning instructor, pharmaceutical sales, corporate fitness, wellness director

Common graduate schools options for Kinesiology: Dance Science graduates:
These include MS in Dance Science, MFA in Dance (choreography and performance), MS/MA in Dance/Dance Science (dance scholarship, therapy, teaching, history, criticism, arts management), MS in Athletic training (offered at A&M) or MS in Kinesiology. In fact, Texas A&M hosts a MS: Sports Pedagogy with intent to teach dance, which leads a student into teacher certification and a master’s degree.

Additionally many students choose to double major:
We have had students double in mathematics, education, history, psychology, and many other areas so that their career path can take them many places.

Interested? Contact Christine Bergeron, Director of Dance, at cbergeron@hlkn.tamu.edu.